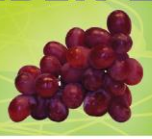
COBRE HIGH SCHOOL Lunch Menu

SEPTEMBER 2015

Variety of Milk offered with each Meal
Nutrition Bar Offered Daily



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 **Turkey & Dressing** Tater Tots Fresh Carrots Ranch Dressing Peach Slices	2 **Beef Nachos** Refried Beans Lettuce & Tomatoes Fresh Honeydew	3 **Chicken Enchiladas** Calabacitas Lettuce &Tomatoes Spanish Rice Pears	4 **Pepperoni Pizza** Garden Salad Broccoli Fresh Oranges
7 **Sloppy Joe** Green Beans Coleslaw Apple	8 **Chicken Parmesan** Spaghetti Mixed Vegetables Popeye Salad Pineapple	9 **BBQ Riblet on Bun** Pinto Beans Cherry Tomatoes Strawberries	10 **Tamale Pie** Seasoned Corn Baby Carrots Mixed Fruit	11 **Cheeseburger** Garden Salad Baked Fries Cantaloupe
14 **Mini Corn Dogs** Baked Fries Mixed Vegetables Grapes[FP]	15 **Beef Nachos** Lettuce & Tomatoes Refried Beans Peaches	16 **Mexican Chicken** Brown Rice Carrot Coins Pinto Beans, Watermelon	17 **Spaghetti & Meat Sauce** Breadstick Italian Vegetables Popeye Salad Applesauce	18 **Cheese Pizza** Garden Salad Celery Sticks Orange Slices
21 **BBQ Chicken on Bun** Baby Carrots Cheesy Broccoli Apple	22 **Beef Pasta Bake** Romaine Salad Green Beans Pineapple	23 **Chicken Chili** Cornbread Mexi-Corn Cucumbers Strawberries	24 **Beef Tacos** Spanish Rice Pinto Beans Lettuce & Tomato Mandarin Oranges	25 **Green Chili Cheeseburger** Garden Salad French Fries Honeydew
28 **Pizza Burger** Mixed Vegetables Ranch Jo Jo's Grapes[FP]	29 **Bean & Cheese Burrito** Mexi-Corn Salsa Peaches	30 **Spaghetti & Meatballs** Breadstick Popeye Salad Italian Vegetables Cantaloupe Sides	**FOOD FOR THOUGHT:** **GRAPES** The practice of growing grapes is known as viticulture.	*On average, one bunch has about 100 grapes.* FRESH PICKS

Chilaca

Variety of Regional Foods:
Beef Nachos
Smothered Burrito
Crunchy Tacos
Frito Pie
Quesadillas

Hot Spot

Grill Items
Hamburger
Cheeseburger
Chicken Patty
All grill items include choice of fresh toppings

eDeli

Sandwiches, Subs, & Wraps

Two options offered daily from either Chilaca, The Grille, The Deli, Bravo or Good to Go

@Bravo

Handmade Pizza

GOOD to GO

Served Daily

Fresh Fruit Cups
Yogurt Parfaits

SUMMIT FOOD SERVICE MANAGEMENT - AN A'VIANDS COMPANY -

Menu Key: ***FP*** *= Fresh Pick*
All grains served are whole grain-rich.

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